



# **WORLD MARTIAL ARTS**

## **BEFORE & AFTER SCHOOL PROGRAM**

- ★ DAILY TAEKWONDO TRAINING
- ★ TEAMWORK
- ★ DISCIPLINE
- ★ SELF-DEFENSE
- ★ PHYSICAL FITNESS
- ★ LEADERSHIP
- ★ AGES 5 AND UP
- ★ POSITIVE ATTITUDE
- ★ SELF-CONFIDENCE
- ★ SPORTS, FRIENDS, AND FUN!
- ★ 9,000 FT OF SPACE DEDICATED FOR YOUR CHILDREN'S ACTIVITIES

## **SUCCESS FOR LIFE**

**Our program is designed to provide children with the skills needed to succeed in life. We provide a positive environment where students can exercise and learn core values such respect, focus and self-control. Our goal is to equip them with a mind and body capable of pursuing their dreams!**

**CALL US TODAY! (757) 867-5085**

2115 George Washington Memorial Highway, Yorktown VA 23693

# OUR BASIC DAILY SCHEDULE

- **6-8AM: DROP OFF WINDOW FOR BEFORE SCHOOL/CAMP DAYS\***
- **2-4 PM: PICK-UP FROM SCHOOLS, SNACK TIME, UNIFORM CHANGE, AND HOMEWORK**
- **4-5 PM: TAEKWONDO TRAINING**
- **5-6 PM: HOMEWORK/READING/GAMES AND PARENT PICKUP**

**\*Includes early dismissal days, teacher work days, snow/hurricanes days.  
School breaks not included (Winter, Spring, and Summer Break).**



**DROP YOUR CHILD OFF ON THE WAY TO WORK, AND  
PICK THEM UP ON THE WAY HOME.**

**6:00AM - 6:00PM.**



For more info, email us at [tkd.wma@gmail.com](mailto:tkd.wma@gmail.com)  
Or visit our Website at [www.kostkd.com](http://www.kostkd.com)

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